



**1 To Southmead Hospital from Nevil Road**  
 Distance: 3.1 km / 2 miles  
 Allow: 40-55 minutes  
 Suitability: All  
 Pavements and surfaced paths, mainly avoiding main roads.  
 From Nevil Road head to Gloucester Road and cross to Longmead Avenue. After a quarter mile, take a path on the right to Radnor Road; go uphill to Maple Road. Turn right; soon a short path on the left leads to Horfield Common. Turn half-right; keeping the tennis courts, the wild garden and Ardagh buildings on your right, head towards Kellaway Avenue. From here, see the choice of routes, right.

**2 To Southmead Hospital from Gloucester Road Medical Centre**  
 Distance: 2.4 km / 1.5 miles  
 Allow: 30-40 minutes  
 Suitability: All  
 Pavements and surfaced paths, mainly avoiding main roads.  
 From Church Road head away from Gloucester Road; after the bend, turn left into Hughenden Road and go to the end into Rodbourne Road. Go via Bishopthorpe Road to Bishop Manor Road. Turn into Bell Close and follow the path to Tilling Road; turn left to reach Dorian Road and the hospital.  
**(a) Cross Kellaway Avenue at the traffic island, cross Dyrrham Close and turn into Kellaway Crescent. Left into West Broadway, right to Wellington Hill Drive. At Wellington Hill West, turn left and go**

**3 Around Horfield Common**  
 Distance: 1 km / 0.6 miles  
 Total distance: 4.3 km / 2.75 miles  
 Suitability: All on surfaced paths  
 From the SW corner of the Common, a short path to Maple Road, right to Longmead Avenue, left to Kings Drive, left down Bishop Road. Into Fenton Road, at the end, path on right to Monk Road; left then ahead, path in Kellaway Avenue (Bishopston loop), at Tesco/Costa (Henleaze loop) and (part-time) at the Ardagh Café (Horfield Common.)  
**Facilities**  
 Refreshments are available at the Gloucester Old Spot in Kellaway Avenue. [Note: this route has a long unlit section between fences and a hedge.]  
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**4 Bishopston loop**  
 Distance: 2 km / 1.2 miles  
 Total distance: 4.3 km / 2.75 miles  
 Suitability: All on surfaced paths  
 This is made up of three separate loops which link up to make a longer route: Horfield Common, Bishopston and Henleaze.  
**Access Fitness**  
 Total distance: 4.3 km / 2.75 miles  
 Suitability: All on surfaced paths

**5 Henleaze loop**  
 Distance: 1.3 km / 0.9 miles  
 From Kellaway Avenue, along Lime Trees Road as far as The Furlong; right along the cycleway/path and

**Additional routes**  
 6, 7, 8, 9, 10  
 Around Southmead Hospital there are several walking routes taking in some of the green spaces on site. See the map overleaf for directions.

# What are the routes?

# LET'S WALK NORTH BRISTOL

## Walk to Health

Walk to Health is a joint production between North Bristol NHS Trust and Walk Your Way To Health. The latter is a local group extending the Let's Walk Bishopston map, which encouraged local walking. The extension adds three useful easy-access routes around the area. It consists of two routes from GP surgeries to Southmead Hospital, together with an "Access Fitness" route made up of three linked loops, offering a choice of distances from half a mile to 2.75 miles. All routes are on surfaced paths or pavements, so are suitable for wheelchairs and buggies, whether people want to get fit (after surgery or ill-health) or to keep fit.

## Hospital Walks

In addition there are three routes, centred on the Hospital, and created for staff and visitors by the Sustainable Development Unit at North Bristol NHS Trust. They are: Horfield Hike, Monks Park Meander and Walks to Wellbeing.

## Download the map

Copies of this map can be freely downloaded from the BCR Community Partnership website: [bcrcp.org.uk](http://bcrcp.org.uk) and other local websites.

Detailed versions of the Walk Your Way To Health routes (and other easy-access short walks) are available to everybody, free, on the Ramblers' website: [ramblers.org.uk](http://ramblers.org.uk)

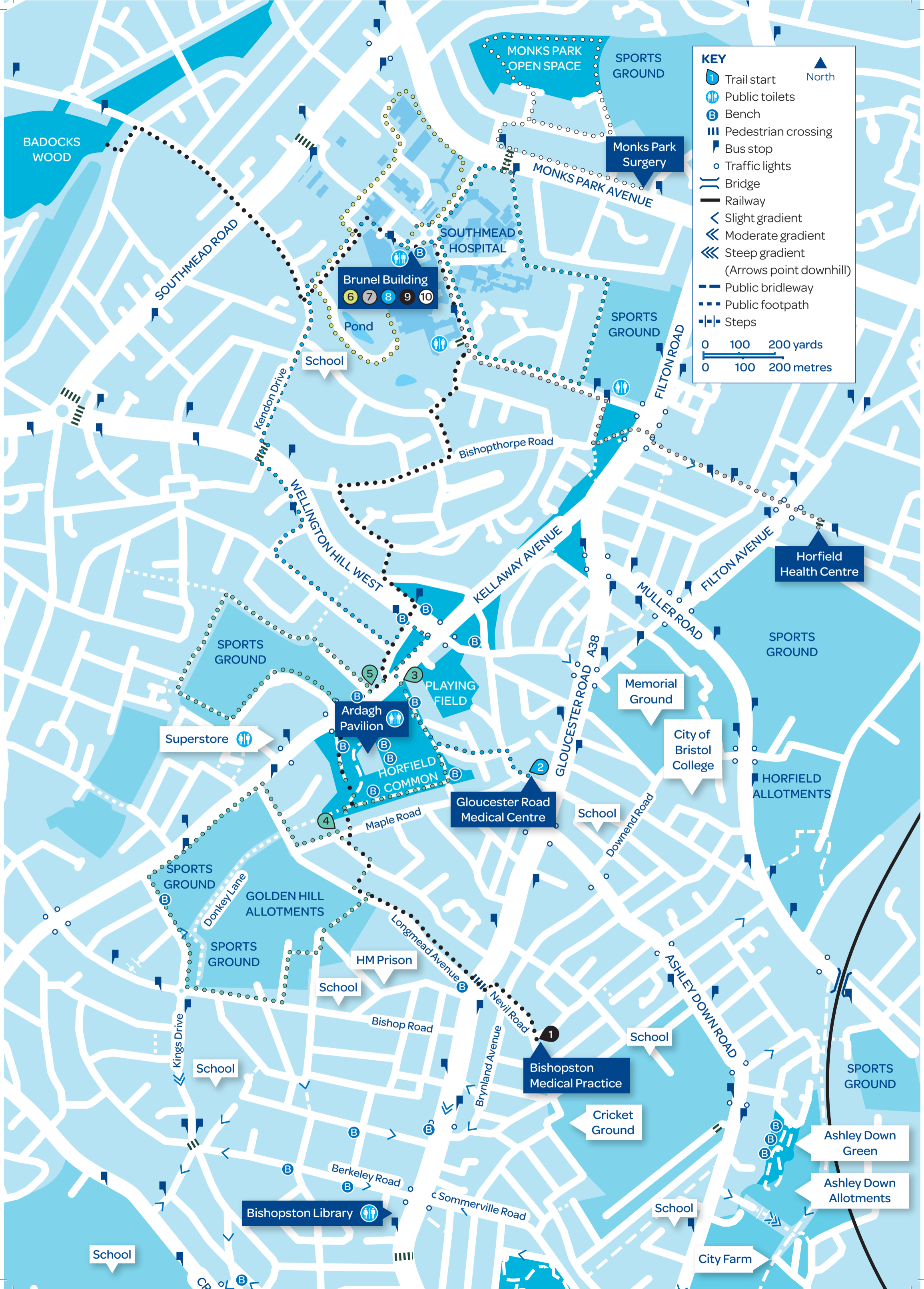
## Contact us

If you need to contact someone about this walking guide, please email [info@bcrcp.org.uk](mailto:info@bcrcp.org.uk) or [SustainableDevelopment@nbt.nhs.uk](mailto:SustainableDevelopment@nbt.nhs.uk)

## Acknowledgements

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**KEY**

- Trail start
- Public toilets
- Bench
- Pedestrian crossing
- Bus stop
- Traffic lights
- Bridge
- Railway
- Slight gradient
- Moderate gradient
- Steep gradient (Arrows point downhill)
- Public bridleway
- Public footpath
- Steps

North

0 100 200 yards

0 100 200 metres

**Brunel Building**  
6 7 8 9 10

**Horfield Health Centre**

**Gloucester Road Medical Centre**

**Bishopston Medical Practice**

**Bishopston Library**

**Ardagh Pavilion**

**Memorial Ground**

**City of Bristol College**

**Superstore**

**HORFIELD ALLOTMENTS**

**GOLDEN HILL ALLOTMENTS**

**HM Prison**

**Ashley Down Green**

**Ashley Down Allotments**

**City Farm**

**School**

**School**

**Cricket Ground**

**School**

**School**

**School**

**SPORTS GROUND**

**SPORTS GROUND**

**SPORTS GROUND**

**PLAYING FIELD**

**SPORTS GROUND**

**SPORTS GROUND**

**SPORTS GROUND**

**SOUTHMEAD HOSPITAL**

**Monks Park Surgery**

**MONKS PARK OPEN SPACE**

**BADOCKS WOOD**

**SOUTHMEAD ROAD**

**MONKS PARK AVENUE**

**School**

**Pond**

**SPORTS GROUND**

**Bishopthorpe Road**

**KELWAY AVENUE**

**WELLINGTON HILL WEST**

**MULLER ROAD**

**FILTON AVENUE**

**GLOUCESTER ROAD A38**

**Maple Road**

**Downend Road**

**DONKEY LANE**

**LONGMEAD AVENUE**

**ASHLEY DOWN ROAD**

**Bishop Road**

**Brynland Avenue**

**Berkeley Road**

**Sommerville Road**

**Kings Drive**

**Kendon Drive**